

## BREAKFAST

Selection of Cereals

Porridge

Toast & Scrambled Egg

Fry up (on request)

Tea & Coffee

Selection of Fruit Juices

## LUNCH

Scotch Broth Soup with Bread

Sandwiches

Apple Pie & Custard OR Cream

OR

Fresh Fruit Salad and Cream

## DINNER

Pork Chops & Onion with Gravy

Mashed Potato

Selection of Vegetables

Lasagne & Chips

Salad

Ice Cream and Fruit

OR

Gateau

# Sample Daily Menu

Week Number: 1, Day: Monday

